



Meridian Secondary School

# Independent Learning Day

Semester 1, 2026

# The Intended Student Outcomes of Blended Learning



To nurture

- self directed and independent learners; and
- passionate and intrinsically motivated learners

## Guidelines

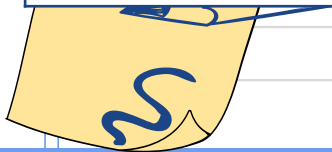
Levels		No. of HBL Days in a Year	Percentage Cap of Total Curriculum Time for HBL Days
Secondary	Sec 1, Sec 2 & Sec 3	12-14	Approximately 10%
	Sec 4 & Sec 5 (excluding term 4)	8-9	



# Structure of ILD



Time	Activity
0730	<b>Check-in</b> Objective: Reinforce values and establish consistent routines. <ul style="list-style-type: none"><li>• Sec 1: Check-ins conducted by Form Teachers as part of regular class routines.</li><li>• Sec 2 – 5: Optional, as students should be familiar with the routine; Form Teachers may conduct if needed.</li></ul>
0800 onwards	<ol style="list-style-type: none"><li>1. <b>Self-directed completion of tasks</b> in 4 subjects</li><li>2. <b>Student-Initiated Learning</b> with breaks in-between</li></ol>



# Sem 1 ILD Structure

## Term 1

Term/ Week	Date	ILD	Remarks
T1W2	16 Jan	<b>ILD 1</b>	
T1W4	30 Jan	<b>ILD 2</b>	
T1W6	13 Feb	<b>ILD 3</b>	
T1W8	27 Feb	<b>ILD 4</b>	
T1W10	13 Mar	<b>ILD 5</b>	Term 1 PTC

## Term 2

Term/ Week	Date	ILD	Remarks
T2W2	3 Apr	-	Good Friday
T2W4	17 Apr	<b>ILD 6</b>	
T2W6	1 May	-	Labour Day
T2W8	15 May	<b>ILD 7</b>	
T2W10	29 May	-	Term 2 PTC

# Sem 2 ILD Structure

## Terms 3 and 4

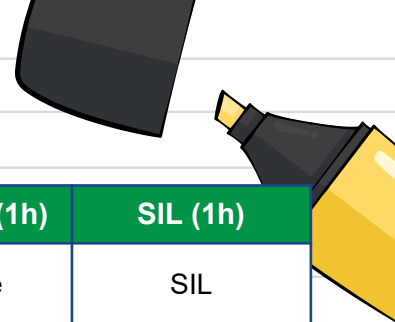
Term/ Week	Date	ILD (Sec 1)	ILD (Sec 2 & 3)	ILD (Sec 4 & 5)	Remarks
T3W3	14 Jul, Tue	ILD 8	ILD 8	ILD 8	National Oral Exam
T3W3	15 Jul, Wed	ILD 9	ILD 9		National Oral Exam
T3W3	16 Jul, Thu	ILD 10	ILD 10		National Oral Exam
T4W2	24 Sep, Thu	ILD 11	-	-	S2 & 3 Internal Oral Exam
T4W5	16 Oct, Fri	ILD 12	ILD 11	-	Result Processing Day

# Planning Rationale



- ILD is part of the total curriculum time of each subject (about 10%).
- The 4 compulsory subjects (e.g. EL, MTL, Math, Science) which are allocated the most curriculum time take up the majority of ILD.
- Other subjects which fall short of the minimum curriculum time guidelines in terms of face-to-face lessons are given ILD to top up their curriculum time, such as CPA(NT).
- ILD will be conducted on the days that coincide with National and Internal Oral Exam. Reduced ILD slots for EL and MTL during this period ease the workload of EL and MTL teachers involved in Oral exams.
- For the graduating students, they will self-study on days that they are not down for exams. They will have ILD on the day (15-17 July) that the student does not have Oral Exam.
- In total, we will have a total of 12 ILD for Sec 1, 11 ILD for Sec 2&3, and 8 ILD for Sec 4/5.

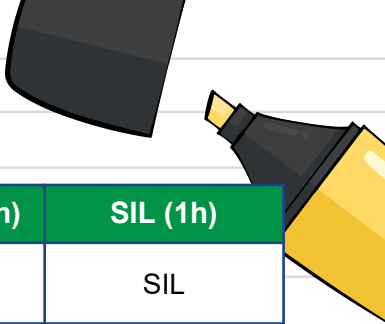
# Sec 1 Schedule (Sem 1)



ILD	Term/ Week	Date	Subject 1 (1h)	Subject 2 (1h)	Subject 3 (1h)	Subject 4 (1h)	SIL (1h)
ILD 1	T1W2	16 Jan	English	Mother Tongue	Mathematics	Science	SIL
ILD 2	T1W4	30 Jan	English	Mother Tongue	Mathematics	Science	SIL
ILD 3	T1W6	13 Feb	English	Mother Tongue	Mathematics	Science	SIL
ILD 4	T1W8	27 Feb	English	Mother Tongue	Mathematics	Science	SIL
ILD 5	T1W10	13 Mar	English	Mother Tongue	Mathematics	Science	SIL
ILD 6	T2W4	17 Apr	English	Mother Tongue	Mathematics	Science	SIL
ILD 7	T2W8	15 May	English	Mother Tongue	Mathematics	Science	SIL

- Sec 1 EL, MT, Math and Sci curriculum time is reduced by 1 – 2 periods per 2 weeks block. Hence, more allocation given to these subjects for ILD.
- T2W2 and T2W6 are public holidays.

# Sec 2 Schedule (Sem 1)



ILD	Term/ Week	Date	Subject 1 (1h)	Subject 2 (1h)	Subject 3 (1h)	Subject 4 (1h)	SIL (1h)
ILD 1	T1W2	16 Jan	English	Mother Tongue	Mathematics	Science	SIL
ILD 2	T1W4	30 Jan	English	Mother Tongue	Mathematics	Science	SIL
ILD 3	T1W6	13 Feb	English	Mother Tongue	Mathematics	Science	SIL
ILD 4	T1W8	27 Feb	English	Mother Tongue	Mathematics	Science	SIL
ILD 5	T1W10	13 Mar	English	Mother Tongue	Mathematics	Science	SIL
ILD 6	T2W4	17 Apr	English	Mother Tongue	Mathematics	Science	SIL
ILD 7	T2W8	15 May	English	Mother Tongue	Mathematics	Science	SIL

- Sec 2 EL, MT, Math and Sci curriculum time is reduced by 1 – 3 periods per 2 weeks block. Hence, more allocation given to these subjects for ILD.
- T2W2 and T2W6 are public holidays.




# Sec 3G3 and 4G3 Schedule (Sem 1)

ILD	Term/ Week	Date	Subject 1 (1h)	Subject 2 (1h)	Subject 3 (1h)	Subject 4 (1h)	SIL (1h)
ILD 1	T1W2	16 Jan	English	Mother Tongue	Mathematics	Science	SIL
ILD 2	T1W4	30 Jan	Social Studies	Mother Tongue	Mathematics	Science	SIL
ILD 3	T1W6	13 Feb	English	Mother Tongue	Mathematics	Social Studies	SIL
ILD 4	T1W8	27 Feb	English	Mother Tongue	Social Studies	Science	SIL
ILD 5	T1W10	13 Mar	English	Mother Tongue	Mathematics	Science	SIL
ILD 6	T2W4	17 Apr	English	Mother Tongue	Social Studies	Science	SIL
ILD 7	T2W8	15 May	English	Mother Tongue	Mathematics	Social Studies	SIL

- Sec 3 EL, MT, Math, SS and Sci curriculum time is reduced by 1 – 2 periods per 2 weeks block. Hence, more allocation given to these subjects for ILD.
- T2W2 and T2W6 are public holidays.


# Sec 3G2 and 4G2 Schedule (Sem 1)



ILD	Term/ Week	Date	Subject 1 (1h)	Subject 2 (1h)	Subject 3 (1h)	Subject 4 (1h)	SIL (1h)
ILD 1	T1W2	16 Jan	English	Mother Tongue	Mathematics	Science	SIL
ILD 2	T1W4	30 Jan	Social Studies	Mother Tongue	Mathematics	Science	SIL
ILD 3	T1W6	13 Feb	English	Mother Tongue	Mathematics	Science	SIL
ILD 4	T1W8	27 Feb	English	Mother Tongue	Geography /History	Science	SIL
ILD 5	T1W10	13 Mar	Social Studies	Mother Tongue	Mathematics	Science	SIL
ILD 6	T2W4	17 Apr	English	Mother Tongue	Geography /History	Science	SIL
ILD 7	T2W8	15 May	English	Mother Tongue	Mathematics	Science	SIL

- ILD slots are distributed to core subjects, giving priority to Mother Tongue and Science as curriculum time is reduced by 1 – 2 periods per 2 weeks block
- T2W2 and T2W6 are public holidays.


# Sec 3G1 and 4G1 Schedule (Sem 1)



ILD	Term/ Week	Date	Subject 1 (1h)	Subject 2 (1h)	Subject 3 (1h)	Subject 4 (1h)	SIL (1h)
ILD 1	T1W2	16 Jan	English	Mathematics	CPA/ G1 Computing	Art/D&T/EBS	SIL
ILD 2	T1W4	30 Jan	Social Studies	Art/D&T/EBS	CPA/ G1 Computing	Science	SIL
ILD 3	T1W6	13 Feb	English	Mathematics	CPA/ G1 Computing	Science	SIL
ILD 4	T1W8	27 Feb	English	Mathematics	CPA/ G1 Computing	Art/D&T/EBS	SIL
ILD 5	T1W10	13 Mar	Social Studies	Mathematics	CPA/ G1 Computing	Science	SIL
ILD 6	T2W4	17 Apr	English	Art/D&T/EBS	CPA/ G1 Computing	Science	SIL
ILD 7	T2W8	15 May	English	Mathematics	Social Studies	Art/D&T/EBS	SIL

- ILD slots are distributed to various subjects, giving priority to English, Mathematics, Science and Social Studies as curriculum time is reduced by 1 – 2 periods per 2 weeks block
- T2W2 and T2W6 are public holidays.

# Sec 5NA Schedule (Sem 1)



ILD	Term/ Week	Date	Subject 1 (1h)	Subject 2 (1h)	Subject 3 (1h)	Subject 4 (1h)	SIL (1h)
ILD 1	T1W2	16 Jan	English	Mother Tongue	Mathematics	Science	SIL
ILD 2	T1W4	30 Jan	English	Mother Tongue	Mathematics	Social Studies	SIL
ILD 3	T1W6	13 Feb	English	Mother Tongue	Mathematics	Science	SIL
ILD 4	T1W8	27 Feb	English	Mother Tongue	Geography /History	Science	SIL
ILD 5	T1W10	13 Mar	English	Mother Tongue	Mathematics	Social Studies	SIL
ILD 6	T2W4	17 Apr	English	Mother Tongue	Geography /History	Science	SIL
ILD 7	T2W8	15 May	English	Mother Tongue	Mathematics	Science	SIL

- T2W2 and T2W6 are public holidays.

# Follow-Up

- IP heads will need to discuss with teachers and ensure that the ILD tasks are suitably designed for the students' needs and readiness.
- Teachers should communicate the ILD tasks directly to the students to ensure clarity and understanding.
- To reinforce students' commitment to completing their assignments and taking ownership of their learning, teachers should arrange for students who are unable to complete the ILD tasks as expected to return and complete the work during subsequent ILD sessions. Please coordinate these arrangements with your IP Heads.





**Thank  
You!**